

# ACTS OF KINDNESS

PEOPLE • VOLUNTEERS  
GOOD DEEDS  
EVERY FRIDAY IN THE HERALD

## GIVE A LITTLE GIVE A LOT

Are you raising cash for a local charity? Shaving your lid for kids?  
We want to hear from you, whether you are giving a little or a lot.  
Drop us a line at [actsofkindness@theherald.canwest.com](mailto:actsofkindness@theherald.canwest.com)

### Wild Rose makes cancer donation

**RAISING FUNDS** • The Calgary Wild Rose chapter of the Canadian Progress Club recently presented the Calgary Health Trust with \$5,000 on Oct. 12 to go toward advancing women's health through the breast health program. Since October is Breast Cancer Awareness Month, this gift will help complement the work already helping hundreds of women in Calgary. For more information call Myra Skerrett at 410-6990.